

The following measurements for the Seder night were made under Rabbi Ben Haim's direct Supervision for the Community's convenience:

Compiled by Michael Livi

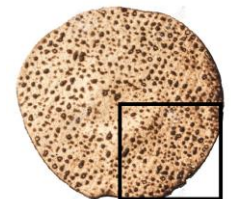
■ **For each cup of wine**, the minimum proper amount is 3 fl. ounces (a Reviit)



■ **For each time we eat Matza** (Motzi, Matza, Korech, Tzafun), the minimum proper amount (a Kezayit) is approximately:

1/4 of a Circle Hand Made Shemura Matza sold at Shaare Shalom (~10.7 grams of Matza) or

1/3 of a Square Machine Made Yehuda Matza (~12.4 grams of Matza)



■ **For Maror**, the minimum proper amount (a Kezayit) is approximately:

1 Large Romaine Lettuce Leaf (or 2 White Stems of Romaine Lettuce) or 1/2 a Medium Sized Endive (16 grams of an Endive)



If any of the measurements are difficult to consume for health reasons, please speak to a community Rabbi