



# UPTC

United Parent-Teacher Council  
SERVING THE GREAT NECK PUBLIC SCHOOLS  
SINCE 1943

## FEATURED SPEAKER:



**AMANDA PEREZ LEDER, MPH**  
Director & Founder @  
CHAT [Communicating  
about Health and Tough  
Topics]

**SHAI and UPTC PRESENT:**  
*an educational forum for parents of teens*

# How To Make The Tough Topics Easier

(What our kids are asking their health educators in our schools)

**Monday, March 18, 2019**  
**7PM SHARP\* - 9PM**  
**Great Neck Main Library**  
**Community Room**

## In this workshop, you will learn to:

- Calmly and confidently respond to your child's toughest questions.
- Start meaningful and regular conversations with your children so they keep coming back for more.
- Infuse your family's values into conversations so children stay well-informed, healthy and safe.
- Locate and use resources (books, technology, etc.) to keep current on youth topics like sexuality and social media.

Question and answer session to follow panel discussion.  
To request translation services, please email [gnuptc@gmail.com](mailto:gnuptc@gmail.com)

\*Doors open at 6:45pm and program starts promptly at 7pm.

## PANELISTS:

**Dr. TERESA PRENDERGAST, ED. D.**  
Superintendent,  
Great Neck Public Schools

**Ms. MICHELLE SICURELLA**  
Health Department Chair  
North Middle School

**Ms. JENNIFER DIPALO**  
Health Department Chair  
South Middle School

**Ms. KATHLEEN MUELLER-CARPENTER**  
Health Department Chair  
North High School

**Ms. JANE CALLAGHAN**  
Health Department Chair  
South High School

## PLANNING COMMITTEE:

**DR. TERESA PRENDERGAST**  
Superintendent, GNPS

**DR. STEPHEN LANDO**  
Asst. Superintendent for Secondary Education,  
GNPS

**PARGOL KHADAVI**  
SHAI Educational Affairs Chair

**MICHELLE AHDOOT**  
UPTC President

**LORI BETH SCHWARTZ**  
UPTC Total Community Involvement Co-Chair