Fall 2017 Registration for UMJCA Programs

Fall 2017 registration for UMJCA classes and MJC Basketball will be available ONLINE and you will now be able to register and pay for classes from the comfort of your own home! Online registration will open on **Monday, August 28th at 5pm**. Please go to http://www.mashadi.org/programs to register for classes. You may create an account for you and your family members before registration opens. In-person registration will be available on **Monday, August 28th 5-8pm** for those who need assistance with online registration. For further information, please call or email 516-708-9999 or avital@mashadi.org

MJC BASKETBALL @ 54

Monday	Tuesday	Wednesday	Thursday
Kindergarten Boys **4:00pm-5:00pm** First Day: Sept 25 Contact Mom: Daniella Hakimian	**1st Grade Boys** **4:00pm-5:00pm** First Day: Sept 26 Contact Mom: Blanche Nassim	**Nursery Boys** **3:15pm-4:15pm** First Day: Sept 27 Contact Mom: Judith Kamali	**1st & 2nd Grade Girls** **4:00pm-5:00pm** First Day: Sept 28 Contact Mom: Lauren Benilevi
***2nd Grade Boys** **5:00pm-6:00pm** First Day: Sept 25 Contact Mom: Ava Nassimiha	**3rd Grade Boys Option 1** **5:00pm-6:00pm** First Day: Sept 26 Contact Mom: Blanche Nassim	**Pre-K Boys** **4:15pm-5:15pm** First Day: Sept 27 Contact Mom: Stefanie Hazghiyan	**3rd & 4th Grade Girls** **5:00pm-6:00pm** First Day: Sept 28 Contact Mom: Cheri Haghighat
4th Grade Boys **6:00pm-7:00pm** First Day: Sept 25 Contact Mom: Odelia Namdar	***5th Grade Boys** **6:00pm-7:00pm** First Day: Sept 26 Contact Mom: Vanessa Hakimian		**5th & 6th Grade Girls** **6:00pm-7:00pm** First Day: Sept 28 Contact Mom: Anita Kashimallak
3rd Grade Boys Option 2 **7:00pm-8:00pm** First Day: Sept 25 Contact Mom: Jen Mottahedeh	***6th Grade Boys** **7:00pm-8:00pm** First Day: Sept 26 Contact Mom: Marina Hakimi		

Fee: $300/year

Please note that classes may not exceed 22 registrants. If registration is 10 or under, we reserve the right to cancel the class.

*2nd Grade Boys: if class exceeds 22 you will be placed in the Sunday class at 4pm

*5th Grade Boys: if class exceeds 22 you will be placed in the Sunday 5pm class

*6th Grade Boys: this class will become a League if registration exceeds 22 and will run for 1.5 hours

Designed by pixellure

EARLY CHILDHOOD/YOUTH

Sunday	Monday	Tuesday	Thursday	Friday
Football & Soccer Kings Pt. Park	**Mommy & Me** **6-17 months** Candie Zar 9:45am-11:00am $180 12 sessions First Day: Oct 16	**Tiny Chefs** **Nursery/Pre-K** Ruth Kashanian 3:00pm-4:00pm $100 6 sessions First Day: Oct 17	**Mommy & Me: The Next Steps** **12 Months and up** Dana Bassali 9:45am-10:45pm $180 12 sessions First Day: Sep 28	**Soccer** **Nursery Boys** Premier Soccer 1:00pm-2:00pm $180 12 sessions First Day: Oct 20
Indoor Playground **1-6 years old** 2:00pm-5:00pm FREE January-March	**Dance at Ohr Esther** **Pre-K Girls** Odelia Namdar 3:00pm-4:00pm $180 12 Sessions FIrst Day: Oct 16	**Tiny Chefs** **Kindergarten** Ruth Kashanian 4:00pm-5:00pm $100 6 sessions First Day: Oct 17	**Soccer** **Pre-K Boys** Premier Soccer 3:00pm-4:00pm $180 12 sessions First Day: Oct 19	**Games & Fun** **Pre-K** Shani Soleimanian 1:00pm-2:00pm $180 12 sessions First Day: Oct 20
	Fun With Music & Art **Nursery** Ronit Elias 3:00pm-4:00pm $180 12 sessions First Day: Oct 16	**Dance at Ohr Esther** **1st Grade Girls** Celia Bassalely & Melanie Namdar 5:00pm-6:00pm $180 12 Sessions First Day: Oct 17	**Dance at Ohr Esther** **Nursery Girls** Odelia Namdar 3:00pm-4:00pm $180 12 Sessions FIrst Day: Oct 19	
	Gymnastics **K & 1st Grade Girls** Gabrielle Mayo 4:15pm-5:15pm $180 12 sessions First Day: Oct 16	**Dance at Ohr Esther** **2nd & 3rd Grade Girls** Celia Bassalely & Melanie Namdar 6:00pm-7:00pm $180 12 Sessions First Day: Oct 17	**Dance at Ohr Esther** **Kindergaten Girls** Odelia Namdar 4:00pm-5:00pm $180 12 sessions First Day: Oct 19	
	Gymnastics **2nd & 3rd Grade Girls** Gabrielle Mayo 5:15pm-6:15pm $180 12 sessions First Day: Oct 16	**Baking** **4th & 5th Grade Girls** Daniella Karimzadeh 6:00pm-7:00pm $180 10 Sessions First Day: Oct 17	**Kickboxing** **K & 1st Grade Boys** Anderson Rodrigues 4:15pm-5:15pm $100 6 sessions First Day: Oct 19	
	Dance at Ohr Esther **4th & 5th Grade Girls** Celia Bassalely & Melanie Namdar 5:00pm-6:00pm $180 12 Sessions First Day: Oct 16		**Kickboxing** **2nd & 3rd Grade Boys** Anderson Rodrigues 5:15pm-6:15pm $100 6 sessions First Day: Oct 19	
	Dance at Ohr Esther **6th Grade Girls** Celia Bassalely & Melanie Namdar 6:00pm-7:00pm $180 12 Sessions First Day: Oct 16		**Baking** **4th & 5th Grade Boys** Daniella Karimzadeh 5:30pm-6:30pm $180 10 Sessions First Day: Oct 19	

Winter Camp
Nursery-2nd Grade
Tuesday-Friday
9:30am-3pm (2pm on Friday)
4 days/$250 or
$75/dayJanuary-March
Dates: Dec 26-29

Club MJC
Nov 11- March 3

Club MJC is a new community program for boys and girls in grades K-5 on Saturday afternoons from 4:30-7:00 pm at Ohr Esther. This adult-supervised program will include activities, games and dinner. All activities are Shabbat friendly. Sponsorships are available for birthdays. If your child has a birthday that you would like us to celebrate, your $100 sponsorship will help pay for the food and activities for the week, birthday songs and dessert, and a special personalized gift for the birthday boy or girl. Follow us on Instagram @ CLUBMJC for specific dates per grade. Volunteers and helpers welcome! Please contact avital@mashadi.org for volunteer and helper schedule. For more information, please email clubmjckids@gmail.com

ADULT EDUCATION

Monday	Tuesday	Wednesday	Thursday
Teen Driving Safety & Simulator **Teen Drivers & Parents** Jillian Savino, MS, CHES Community Health Educator Cohen Children's Medical Center 8:00pm FREE Date: Nov 20	**Strength Training for Bone Health** **Women** Sepi Koren 8:00pm-9:00pm $100 10 Sessions First Day: Oct 17	**Prenatal Exercise Class** **Women** Rachele Nitzani 9:45am-10:45am $100 10 Sessions First Day: Oct 18	**Postnatal Exercise Class** **All are Welcome** Rachele Nitzani 9:45am-10:45am $100 10 Sessions First Day: Oct 19
Intro to Italian Raya Karmely 8:30pm-9:30pm $90 6 sessions Oct 23-Nov 27	**Social Security, Medicaid, Medicare** **All are Welcome** Alfred Dilamani 8:00pm FREE Date: Oct 24	**Home Safety for Children** **All are Welcome** Jillian Savino, MS, CHES Community Health Educator Cohen Children's Medical Center 9:45am FREE Date: Nov 1	
Legal Workshop/ Asset Protection in Context of Medicaid **All are Welcome** Abraham Mazloumi, Esq. 8:30pm FREE Dec 4	**Bullies and Bullying: What Parents Can Do to Help** **All are Welcome** Debbie Kassimir, LCSW North Shore Child & Family Guidance Center & Sid Jacobson JCC Partner in Caring 9:45am FREE Date: Oct 31	**Child Passenger Safety & Sports Safety** **All are Welcome** Jillian Savino, MS, CHES Community Health Educator Cohen Children's Medical Center 9:45am FREE Date: Dec 6	
	Reflective Activities for Enhanced Daily Living **College & Up** Justina Hezghia, Personal Growth Coach 8:00pm FREE Date: Oct 31		
	Persian Delights **College & Up** Community Chefs 8:00pm-9:30pm $15/class 3 Sessions Nov. 7, Nov. 28, Dec. 5		
	Life Insurance 101 **All are Welcome** Salim Shlomo Bassalian & Melody Aziz 8:00pm FREE Date: Nov 14		
	Disease Prevention **All are Welcome** Tania Dilamani 8:00pm FREE Date: Nov 21		

Partner in Caring at the Mashadi Jewish Center
Leslie Grama Shapiro, LMSW
516-484-1545 ext. 196 or lshapiro@sjjcc.org

We Connect - Mashadi Peer to Peer Confidential Support and Information Helpline
For further information: email avital@mashadi.org

JEWISH EDUCATION

Sunday	Monday	Tuesday	Wednesday	Thursday
Sunday Morning Parasha Class (& Breakfast) ! **All are Welcome** Rabbi Adam Sabzevari 10:00am-11:00am at Shaare Rachamim	**Girls Night Out** **6th & 7th Grade Girls** Jen Nitzani & Natasha Nassimian 7:00pm-8:20pm	**Tuesday Morning Parasha Class** **Women all ages** Rabbanit Coty Bitton 9:45am	**WNL** **8th Grade & Up** 7:30pm	**The Post Israel Trip (PITT)** **12th Grade Boys** Ellie Bassalian 8:30pm-10:00pn
	IVREAD **16 and Up** Community Teachers 8:30pm-9:30pm 8 sessions $25 current students $30 new students	**Teen Tuesdays** **6th & 7th Grade Boys** Nathan Kashizadeh 7:00pm-8:20pm	**Learn It Up** **College & Up** Approved Instructors by Religious Council 8:00-10:00pm	

Familiy Learning Program
Fathers, Sons & Daughters
Approved Instructors by Religious Council
Saturday Nights after Shabbat
FREE
Oct 21-March 3

The Pulse
&
Jewish Ed classes for High School Boys
TBA

Kallah Classes
All Engaged Women
Approved Instructors by Religious Council

Chattan Classes
All Engaged Men
Approved Instructors by Religious Council

Home Improvement Classes
Women all ages
Rabbanit Coty Bitton

Sephardic Beth Midrash
College & Up
Community Teachers
8:00pm-10pm
Mondays-Thursdays at Shaare Rachamim